Kingston University London

ToWe Project

Enhancing Opportunities for Toddlers' Wellbeing



Toddlers' Wellbeing Audit Tool

Name of Setting:

Completed by:

Date.....

Reviewed.....



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Dimension 1: Family, Home and Environmental Factors

These are sensitive issues for families, so tact and consideration are required as to whether it is appropriate to ask the families questions about their family and home environment.

Indicators	Areas of Strength and/or	Areas for Development	Strategies	Actions – Setting
1.1 Environmental Factors	Comments			Development Plan
Housing and the Home				
Environment:				
Housing:				
What type of housing does				
the family live in?				
What type of property do				
they live in?				
What is the condition of the				
home?				
 Physical Condition 				
 Number of people per 				
room				
 Sleeping arrangements and habits. 				
Location and Access to				
services and facilitates:				
What type of access does				
the family have to:				
Education and Care				
Provision and				
Professionals				
 Medical and Health Care 				
Facilities and				
Professionals				
 Shops and public services 				
 Transportation 				

Safe and Stimulating:		
What access and		
opportunities do toddlers		
have to play outdoors?		
What play and learning		
opportunities are their		
within the home?		
What books, toys and play		
space do toddlers have within the home?		
within the nome!		
How do the family provide a		
safe home environment for		
the toddler?		
Stair gates, hazards made		
safe, supervised, clean home		
and clothing - hygiene,		
Safeguarding		
Safety of the environment		
Liaison and communication		
with other professionals.		

Indicators 1.2 Family	Areas of Strength and/or Comments	Areas for Development	Strategies	Actions – Setting Development Plan
Demographics and Life				•
Style:				
Demographics of the				
Location – Diversity:				
Are the family experiencing				
any discrimination, bullying,				

segregation etc.?			
Are there any issues			
impacting upon the			
community?			
Health of Family /Carers:			
Are there any health issues			
or disabilities that impact the	;		
family?			
Family Background:			
What are the family's			
beliefs/values? Do they			
conflict with societal			
expectations?			
What family support			
network does the parent			
have access to?			
Income:			
Are members of the family			
employed/unemployed?			
Are the family in low paid			
employment?			
Are they in receipt of			
benefit/financial support?			
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Life style:			
What life style choices are			
being made by the family?			
Are there any addictions that			
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may impact upon the family? E.g. smoking, alcohol gambling and drugs.		
Languages: What languages are spoken at home?		
Link to Dimension 6 and Toddlers' Additional Language(s) Content and Material		
How is liaison and communication with other professionals supporting the family and the toddler's health and education?		

Identified Priority - Aim	Targets - objectives	Key Actions – actions to be taken	Who is responsible and by when	Date Achieved Date to be reviewed

Dimension 2: Health of the Toddlers'

These are sensitive issues for families, so tact and consideration is required as to whether it is appropriate to ask the families questions about their family health, illnesses, disabilities and life style.

Indicators	Areas of Strength and/or	Areas for Development	Strategies	Actions – Setting
2.1 Physical and Mental	Comments			Development Plan
Health				
Health and Childhood				
Illnesses				
What are the settings				
policies and procedures for				
the identification of,				
reporting of and care for				
toddlers with a childhood				
illness?				
What provision is made for				
the inclusion and care of				
toddlers with chronic				
illnesses?				
Allergies				
Asthma				
Epilepsy				
Cystic fibrosis				
What infection control				
measures do you have in				
place?				
Good hygiene practices				
Notifying agencies and				
parent(s)				
Needs and Abilities				
What resources do you have				
to support the individual				

needs and interests of		
toddlers?		
Spring-loaded scissors, bi		
and multi-lingual books.		
Interests – dinosaurs etc.		
Link to Dimension 3 and 4		
How does the setting respect		
and welcome the toddlers'		
culture, language(s) and any		
disabilities?		
What culture or language(s)		
are the EYPs experienced in?		
What training might EYPs		
need in this area?		
What provision is made to		
support their full inclusion of toddlers with disabilities		
within the setting?		
Link to Dimension 3 and 4		
Factors that Inhibit		
Wellbeing		
What provision do you make		
and how do you support		
toddlers that may be		
experiencing a factor that		
inhibits their wellbeing?		
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Indicators	Areas of Strength and/or	Areas for Development	Strategies	Actions – Setting
2.2 Health Checks	Comments			Development Plan
Health Checks				
How does the setting follow				
up and make provision in				
relation to the results of the				
health checks on the				
toddlers?				
How do you communicate				
and liaise with Health Care				
Professionals if you have a				
concern regarding a toddler				
within your setting?				
How does the setting engage				
and work with parent(s) in				
facilitating toddlers' health				
care checks?				
Immunisations				
How do EYPs check that				
toddlers are up-to-date with their health care checks and				
immunisations?				
What records are kept of				
toddlers' vaccinations?				
How do you check that all				
staff are up-to-date with				
their own immunisations?				

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Dimension 3: Setting Environment for Toddlers' - Current Practice and Provision

Indicators	Areas of Strength and/or	Areas for Development	Strategies	Actions – Setting
3.1 Opportunities for Play	Comments			Development Plan
and Learning				
What opportunities does the				
setting provide for in and				
outdoor play?				
How often are the resources,				
activities and experiences				
reviewed and changed to				
meet the toddlers' interests?				
How are EYPs effectively				
engaging with the toddlers'				
play?				
Being invited				
Scaffolding learning within it				
being a test!				
What are the types and				
levels of play being exhibited				
by toddlers?				
What activities, experiences				
and resources are EYPs				
providing both in and				
outdoor to support toddlers				
different types of play?				

Indicators	Areas of Strength and/or	Areas for Development	Strategies	Actions – Setting
3.2 Health and Safety	Comments			Development Plan
How does your setting plan				
and communicate the safety				

procedures to all staff,		
children, parents and		
visitors?		
What health and safety		
procedure are implemented		
within your setting?		
Risk Assessments		
Checklists		
How are toddlers made		
aware of the risks, hazards		
and boundaries within the		
setting?		
How are toddlers made		
aware of who they can trust?		
How are EYPs being alert to		
changes in behaviour, mood		
swings and in their ability to		
settle in relationships?		

Indicators	Areas of Strength and/or	Areas for Development	Strategies	Actions – Setting
3.3 Learning Environment –	Comments			Development Plan
Development and Learning:				
Physical Environment				
Assess the appearance of the				
setting?				
Welcoming				
Attractive				
Colour scheme				
Flooring – type, safety,				
convenience and colour				

Pictures and posters –		
suitability and interesting		
How is the space being used		
to promote different		
learning opportunities?		
Flow		
Room layout		
Access to resources		
Set up and structure		
Self-selection		
How is the physical		
environment planned for		
and resourced?		
What opportunities do		
toddlers have to explore the		
physical environment both in		
and out of doors?		
Social Environment		
How are the attitudes and		
behaviour of EYPs providing		
a positive role model?		
How do EYPs create a warm,		
friendly and inviting		
atmosphere for toddlers and		
their families?		
How do EYPs provide		
opportunities for		
socialisation to support the		
development of positive		
relationships?		

With adults		
With other toddlers and		
children		
children		
How do the EYPs support		
toddlers in building		
relationships and		
friendships?		
1-1		
Small groups		
5 1		
What expectations do EYPs		
provide to enhance and		
-		
support the development of		
etiquette?		
Sharing		
Caring for others and		
animals		
Listening		
Taking turns		
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Emotional Environment		
How do EYPs provide a		
warm, accepting, welcoming		
and inclusive environment?		
How do EYPs model positive		
behaviours and attitudes for		
toddlers recognising their		
feeling and listening to their		
voice and expressions?		
How do EYPs respond and		
provide emotional support		
for toddlers in managing		
their feeling in a positive		

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inner?		
nat opportunities are set within the environment provide physically igorating and soothing erapeutics activities and periences?		
gnitive and Language vironment w is the environment set to provide access to eresting and stimulating cources and activities? couraging problem ving, exploring and ending knowledge and neept formation.		
nat opportunities are inned and set up within e environment to courage independent covery, exploration, and oblem solving?		
w is the environment nned and set up to oport the development of guage and mmunication? oks, technology, home rner, visual stimulation, portunities for mark iking etc.		

Indicators	Areas of Strength and/or	Areas for Development	Strategies	Actions – Setting
3.4 Staffing	Comments			Development Plan
How does the environment				
meet the wellbeing of EYPs?				
Quality of the physical				
environment.				
Staff room, lockers for				
personal possessions,				
appropriate setting,				
Climate, feelings and work				
organisation.				
Supervision and support,				
career development and CPD				
opportunities.				
Teamwork and collaboration				
Time to complete necessary				
documentation				
Practitioner training and				
experience				
What training, qualifications				
and experience do EYPs				
have?				
What knowledge and				
understanding do they have				
of working with				
disadvantaged toddlers?				
What CPD opportunities				
have EYPs had recently?				
Your Professional Role				

How is professionalism developed and maintained within the setting by EYPs?		
How are the professional roles and responsibilities of the EYP demonstrated within the environment and the policies and practices of the setting?		
Key Person Approach How is your environment set up to support a toddler's sense of belonging?		
How are toddlers' intimate care needs met?		
How are key persons/carers selected or chosen by the toddlers?		
How do EYPs establish a positive and trusting relationship with the toddlers that they work with?		

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Dimension 4: Development and Learning

Indicators	Areas of Strength and/or	Areas for Development	Strategies	Actions – Setting
4.1 Personal, Social,	Comments			Development Plan
Emotional and Spiritual				
Interaction, Engagement				
and Play				
How do the EYPs welcome				
and greet toddlers and their				
families?				
How do EYPs say farewell to				
the toddlers' and their				
families?				
How do EYPs respond to				
toddlers personal, social and				
emotional needs throughout				
the daily routine?				
How do EYPs providing				
opportunities for				
independence skills and self-				
care?				
What opportunities are				
provided for toddlers to				
engage and interact with				
others?				
How does EYPs support and				
promote toddlers' self-				
confidence and self-esteem?				
How do EYPs provide				
toddlers with opportunities				

for appropriate choices?		
What do EYPs do to support		
toddlers in managing their		
feeling and emotions?		
How are families' values and		
beliefs respected and		
acknowledged?		
Consideration of social and cultural aspects of the		
family.		
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What skills and attitudes do		
the EYPs display when		
engaging with the toddlers?		
What play opportunities are		
provided for toddlers to		
engage in social and		
emotional aspects of play?		
For example therapeutic experiences such as messy		
play.		
How do EYPs praise and		
encourage the toddlers and		
recognise their		
achievements?		
Attachment		
How do the EYPs support		
toddlers' need for a main		
care giver within the setting?		
For example provision of a		
key person.		

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How are EYPs responding in a sensitive way to the toddlers' feelings, ideas, needs and behaviours? (reassure and comfort)			
How does the EYP relate and engage with the toddlers' parent(s)/main care giver?			
Settling-in How do the EYPs work/interact/engage with the toddlers and their families in supporting the settling-in process?			
How do EYPs support vertical and horizontal transitions of toddlers?			
Meal and Snack times How are EYPs providing opportunity for toddlers to engage in social interaction?			
How do EYPs provide opportunities for independence and autonomy?			
Link to Dimension 7 and Toddlers' Meal Time Content and Material			

Indicators	Areas of Strength and/or	Areas for Development	Strategies	Actions – Setting
4.2 Cognitive, Language and	Comments			Development Plan
Communication				
Attention and				
Concentration, Recall,				
Problem Solving, Memory				
What opportunities do EYPs				
provide for toddlers to				
engage in exploration,				
creativity of thought and				
problem solving?				
How do EYPs extend				
toddlers' concentration and				
attention during an activity				
or story-time?				
What activities, games and				
experiences do EYPs do with				
toddlers to encourage recall				
and memory?				
How do EYPs use stories,				
books, songs and rhymes to				
support rhythm, rhyme,				
singing, sequence and				
repetition?				
How do EYPs use toddlers'				
interests and curiosity to				
extend their concept formation?				
Voice and Expressions				
What opportunities do EYPs				
provide for two-way				

communication of speaking			
and listening?			
and listening:			
How do they EYPs listen and			
respond to the various			
modes of communication			
used by toddlers?			
How do EYPs facilitate and			
'scaffold' language			
development through play?			
What do EYPs do to model			
positive language and			
communication?			
communication:			
How do EYPs support			
toddlers' interactions with			
each other?			
Link to Dimension 5 and			
Toddlers' Voice and			
Expressions Content and			
Material			
Wateria			
Home Language and			
Additional Languages			
How do EYPs promote the			
use of the toddlers' home			
languages within the			
setting?			
What activities, experiences			
and resources do EYPs use to			
support the recognition of			
the home language within			

the setting?		
Link to Dimension 6 and Toddlers' Additional Language(s) Content and Material		

Indicators 4.3 Physical	Areas of Strength and/or Comments	Areas for Development	Strategies	Actions – Setting Development Plan
 4.3 Physical Physical Abilities and Attitudes What opportunities do EYPs provide for physical development both in and out of doors? How do EYPs enable toddlers to learn to move with confidence, use their body imaginatively, have spatial awareness and be safe? How do EYPs encourage positive attitudes towards engaging in new physical activities and experience? Willingness to try and take risks. 	Comments			Development Plan

Indicators	Areas of Strength and/or	Areas for Development	Strategies	Actions – Setting
4.4 Behaviour	Comments			Development Plan
Emotional Resilience				
How do EYPs support				

toddlers to regulate and		
express their feelings?		
What opportunities for self-		
expression and		
understanding of feelings are		
provided by EYPs?		
What activities and		
experiences do EYPs use to		
support emotional		
resilience?		
Regulating Feelings and		
Behaviours		
How do EYPs support		
toddlers to recognise and		
describe the feelings and		
emotions they are		
experiences?		
What activities and		
experiences do EYPs use to		
help toddlers regulate their		
feelings and behaviours?		
Conflict Resolution		
What do EYPs do to help		
toddlers resolve conflict and		
manage their feelings and		
behaviour?		
How do EVDs on sources		
How do EYPs encourage		
toddlers to problem solve		
and come to an agreed		
solution during a conflict?		

How do EYPs provide		
continued support in this		
area?		

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Dimension 5: Toddlers' Voice and Expressions

Indicators	Areas of Strength and/or Comments	Areas for Development	Strategies	Actions – Setting Development Plan

Identified Priority - Aim	Targets - objectives	Key Actions – actions to be taken	Who is responsible and by when	Date Achieved Date to be reviewed

Indicators	Areas of Strength and/or Comments	Areas for Development	Strategies	Actions – Setting Development Plan

Identified Priority - Aim	Targets - objectives	Key Actions – actions to be	Who is responsible and	Date Achieved
		taken	by when	Date to be reviewed

Dimension 7: Toddlers' Meal Times

Indicators	Areas of Strength and/or Comments	Areas for Development	Strategies	Actions – Setting Development Plan
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Identified Priority - Aim	Targets - objectives	Key Actions – actions to be	Who is responsible and	Date Achieved
		taken	by when	Date to be reviewed